



Royal Sutton Coldfield Canoe Club

A Canoe England Affiliated Club



suttoncanoe.org.uk



NEWSLETTER ISSUE No 75

SPRING 2012

CHAIRMAN'S CHAT

I hope you all had a good Christmas break and are all now looking forward to getting out on the water. We had a great Christmas Party at Rushall nearly 60 members and friends danced and celebrated with us. My thanks to Paul Ryder for organising the Tombola and thank you all for donating the prizes. Just before Christmas we took delivery of two boats from West Midlands Canoe Centre a GTX and a Karnali these are both kayaks for large people and will be very useful at both our venues. Also in January we were offered two more Karnalis at nice prices so we have purchased them too because during 2012 we will be doing our best to replace some of the ageing Dancers. As we will need space we will be selling some of these old dancers soon please get in touch if you are interested.

We had an emotional New Year's Eve, a number of club members and friends went to Dolanog to hold a small ceremony to scatter Rob's ashes on top of the falls, this was his favourite section of the river Vyrnwy & he & I always joked that as we couldn't shoot the 40 foot water fall alive we would have our ashes scattered so "we would get over it eventually", all three of his children paddled the river along with about Ten other members & friends.

We have something new for 2012; drop in coaching sessions, our coaches will be teaching specific skills regularly on Saturdays at both venues, see later in this newsletter for details and dates.

Membership changes were made at the AGM these included the scrapping of the "tax disc" system in favour of fixed dates which will be April 1st & 1st October. This will take a year to implement but we feel that it will make the membership Secretaries job easier, later in this newsletter you will find the new membership form, just tear it off and send it with your cheque, or bring it to a session.

It's nowhere near as cold as last year so come on, get out your kit and pop down to our sessions and get paddling.

Mike

CLUB SESSIONS FOR 2012

BLACKROOT POOL

EVERY **MONDAY** 6-8PM EXCEPT BANK HOLIDAYS

EVERY **THURSDAY** 6-8PM

STARTING **MONDAY** 2nd **APRIL** UNTIL 24th **SEPTEMBER**

EVERY **SATURDAY** 10.00am UNTIL 12.00pm ALL YEAR

ROUND (except Christmas holidays see later newsletter)

RUSHALL OPEN CLUB SESSIONS

WEDNESDAY 6-8pm from 4th **APRIL** until 26th **SEPTEMBER**

SATURDAY 2-5pm (OR DUSK) ALL YEAR ROUND

EXCEPT BANK HOLIDAYS (except Christmas holidays see later newsletter)

DUE TO FOOTBALL MATCH RUSHALL WILL BE CLOSED ON SAT 3rd MARCH

This may happen from time to time when there is a big match on We will try to move the session times please see face book for the Last minute news.

BARR BEACON SCHOOL POOL

THURSDAY EVENING 9 UNTIL 10PM

EVERY WEEK UNTIL THE END OF SCHOOL TERM **JULY**

STARTING AGAIN IN **SEPTEMBER**

BLACKROOT OPEN DAYS

SATURDAY **MAY** 19th 10 UNTIL 4

SATURDAY **JULY** 14th 10 UNTIL 4

DATES FOR YOUR DIARIES

MAY 5/6/7 MUMBLES WEEKEND

AUG 25/26/27 BLACKROCK SANDS

River Tame

Newton Road to Perry Barr

We had a really good turnout for this, the first trip of 2012. Those of us who met at Rushall spent some time trying on the two new kayaks we acquired just before Christmas. Stu fancied the Karnali so he left his boat in the container and put it on his roof, I elected to try an open boat, (mistake).

Ten people met at Newton Road, we unloaded and set off on the ferry, whilst we were away someone had a moan about us using the upstream field to get in, they seemed quite abusive and proceeded to ring the owner who didn't mind us using it (as I thought) and so they retreated. Once back from the ferry we got on and it became apparent to me that the 15.8 open boat was too big for the river but I paddled on. The river had been well up in the preceding few days but now had dropped and was just about ok but only just. Still it tested everyone's river reading skills to stay in the navigable water.

Apart from grounding here and there everyone seemed to enjoy it, even Barb managed a smile after falling in. As we passed under the railway bridge there was a log jam as all of us grounded on rocks at the far end, I jumped (ha!) out of the open to push it across the rocks and well my knees are not that good at the best of times so after kneeling for an hour or so failed completely so I dived over boat to save myself and went right over the other side much to delight of all watching (and taking pictures) a good start to the new year.

The infamous One Stop weir tested Andy Leadley to the limit when he went back to play in the stopper but he just survived by the skin of his teeth. Stu gave the thumbs up to the Karnali saying he wouldn't mind one himself.

Then it was a gentle paddle the last mile to end, all agreed that it was lovely way to spend a Sunday morning and still be home by 2pm.

Mike

**DON'T FORGET
THE CLUB IS ON FACEBOOK
LOOK AT EVENTS TO FIND OUT THE
LATEST NEWS ON THE CLUB'S TOURS**

RIVER DERWENT WHITE WATER COURSE TRIP

MATLOCK BATH 22nd JANUARY 2012

This Sunday saw a few brave souls head off to Matlock White-water course about 1 hr 15 minutes run from Blackroot. The intrepid paddlers numbered 7 at the start but dwindled away as we inspected the slalom course. The 7 included Matt R, Sarah W, Stu, Simon B, Barb, Ray and I, the bank support and official photographer for the day was Lorraine. We all arrived around about 10:15 and proceeded to inspect the course!



After several walks up and down the course our numbers dropped to 5! So after a brief discussion (any longer and more of us may have joined the bank support team), we slid on to the Derwent approx 250 metres upstream from the course to warm up. Matt and Stu, the most experienced in the group took the lead and we all practiced ferry gliding, breaking in and out using low brace turns and bow rudders.

It has to be said that until Simon decided to show us how to execute a perfect capsized and self rescue everything was going swimmingly well.



Finally the time came to run the slalom course so 5 became 3! Simon and I thought we would be better of bowing out gracefully and living to fight another day. This left Stu, Matt and Ray to carry the torch for RSCCC and run the course.



River Derwent (cont)



And didnt they do well! Ferry gliding, breaking in and out, looking good..... And then just when we thought no more swims Ray decided to go for it! It those immortal words "if you're not getting wet your'e not trying hard enough" Great job Ray. It was agreat day made better by everyone pitching in and looking after each other.

A very special thanks to Matt and Stu for looking after the rest of us.
Paul Ryder

OLYMPIC TORCH EVENT WALSALL

30th JUNE 2012

The Olympic torch will be passing through Waslall town centre on 30th June. Walsall Council have decided to have a sports club promotion event to coincide with it's passing. We have been asked to provide a display and a try it in the Gala Baths, also we, along with the other clubs locally will have a stand out in the square by the baths. Can I please ask for volunteers to help with this event, we will need a small number of people to do a display and instructors to help in the pool between 12.30 and 2pm also people to help man the stand in the square from 10 until 4ish.

Call Mike if you can help 360 2136

FOR SALE

Matt Ryder has a 'Red Yak Kontour Helmet-Size S/M' and a 'Medium Long John Wetsuit' for sale. £20 each ONO. Speak to Matt if your interested! On 01543 458204

FOR SALE

PAIR OF THULE ROOFBARS 120CM LONG TO FIT CAR WITH ROOF RAILS
£25 ono

RING 07709711260

We have bought a vango event tent to use on open days it is 3.5 metres in the shape of a pentagon and will be available for members to hire for garden use at £5 per day ring 3602136 for details

DROP IN COACHING 2012

During 2012 we will be coaching various skills on Saturdays at both our venues if you attend the coaching sessions and go on the required river trips you will be able to work towards your 2 star award. The award requires both sorts of craft to be used so you will need to attend both open and kayak sessions. Below are the dates and times for the sessions, they will form part of our normal session on Saturdays, please be prompt and be ready to launch at the designated time.

DATE	TIME	VENUE	SKILL	BOAT
MARCH 3rd	10.30 – 11.15	BLACKROOT	HANGING DRAW	KAYAK
MARCH 3rd	14.15 – 15.00	RUSHALL	HANGING DRAW	KAYAK
MARCH 17th	10.30 – 11.15	BLACKROOT	FORWARD PADDLING	OPEN BOAT
MARCH 17th	14.15 – 15.00	RUSHALL	FORWARD PADDLING	OPEN BOAT
APRIL 14th	10.30 – 11.15	BLACKROOT	MOVING SIDEWAYS	OPEN BOAT
APRIL 14th	14.05 – 15.00	RUSHALL	MOVING SIDEWAYS	OPEN BOAT
APRIL 28th	10.30 – 11.15	BLACKROOT	DEEP WATER RESCUE	KAYAK
APRIL 28th	14.50 – 15.00	RUSHALL	DEEP WATER RESCUE	KAYAK
MAY 19th	10.30 – 11.15	BLACKROOT	SWEEPS & TURNS	OPEN BOAT
MAY 19th	14.15 – 15.00	RUSHALL	SWEEPS & TURNS	OPEN BOAT
MAY 26th	10.30 – 11.15	BLACKROOT	DEEP WATER RESCUE	KAYAK
MAY 26th	14.15 – 15.00	RUSHALL	DEEP WATER RESCUE 2	KAYAK
JUNE 16th	10.30 – 11.15	BLACKROOT	SELF RESCUE	OPEN BOAT
JUNE 16th	14.05 – 15.00	RUSHALL	SELF RESCUE	OPEN BOAT
JUNE 23rd	10.30 – 11.15	BLACKROOT	PEER RESCUE	OPEN BOAT
JUNE 23RD	14.15 – 15.00	RUSHALL	PEER RESCUE	OPEN BOAT
JULY 7th	10.30 – 11.15	BLACKROOT	RECOVERY STROKES	KAYAK
JULY 7th	14.15 – 15.00	RUSHALL	RECOVERY STROKES	KAYAK
JULY 21st	10.30 – 11.15	BLACKROOT	RECOVERY STROKES	OPEN BOAT
JULY 21st	14.15 – 15.00	RUSHALL	RECOVERY STROKES	OPEN BOAT
AUGUST 18th	10.30 – 11.15	BLACKROOT	SWEEPS & TURNS	KAYAK

DATE	TIME	VENUE	SKILL	BOAT
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SEPTEMBER 1st	10.30 – 11.15	BLACKROOT	SWEEPS & TURNS	OPEN BOAT
SEPTEMBER 1st	14.15 – 15.00	RUSHALL	SWEEPS & TURNS	OPEN BOAT
SEPTEMBER 15th	10.30 – 11.15	BLACKROOT	STOPPING & REVERSE	KAYAK
SEPTEMBER 15th	14.15 – 15.00	RUSHALL	STOPPING & REVERSE	KAYAK
SEPTEMBER 29th	10.30 – 11.15	BLACKROOT	STOPPING & REVERSE	OPEN BOAT
SEPTEMBER 29th	14.15 – 15.00	RUSHALL	STOPPING & REVERSE	OPEN BOAT
OCTOBER 13th	10.30 – 11.15	BLACKROOT	FORWARD PADDLING	KAYAK
OCTOBER 13th	14.15 – 15.00	RUSHALL	FORWARD PADDLING	KAYAK
NOVEMBER 10th	10.30 – 11.15	BLACKROOT	HANGING DRAW	KAYAK
NOVEMBER 10th	14.15 – 15.00	RUSHALL	HANGING DRAW	KAYAK
NOVEMBER 24th	10.30 – 11.15	BLACKROOT	FORWARD PADDLING	OPEN BOAT
NOVEMBER 24th	14.15 – 15.00	RUSHALL	FORWARD PADDLING	OPEN BOAT
DECEMBER 8th	10.30 – 11.15	BLACKROOT	MOVING SIDEWAYS	OPEN BOAT
DECEMBER 8th	14.15 – 15.00	RUSHALL	MOVING SIDEWAYS	OPEN BOAT

K1 RACING BOAT COACHING

We will be coaching in these racing boats at Rushall on the following dates 2pm until 4pm
 April 11th & 25th -----May 9th

REGIONAL EVENTS

- 20th May 2012..... White wtare training at Nene White water centre run by Leam Boat centre see details on their web site
- 16th June 2012..... “PADDLE TO THE HEART” canoe to centre of B’ham various start points to Brindley Place, ask Mike.
- 23rd June 2012..... “Try out Slalom” at Stone slalom site, a day on the Slalom course. Ask Mike for bookings.
- Date TBA..... Tour of the Dudley Tunnels lead by Phil Hadley see Mike for details when avaiable.

FIRST AID COURSE

SUNDAY 11thMARCH 2012 from 9am until 4pm at Chase Terrace Scout Headquarters. Its an absolute bargain at only £5 and theres tea/coffee included bring your own lunch. The course is the official 8 hour course and includes a book and certificate. Admission is first come first served so ring Paul Ryder 01543 458204 soon!!

Christmas Paddle 04/12/2011

After meeting up at Rushall and Blackroot everyone made their way to Peels Wharf for a 10am start for this year's Christmas paddle, well that is everyone except Graham who arrived at 10.15 which is early for him I guess. Mike kindly came along to do the ferry which should have been just two runs but just short of Peels Wharf on the 2nd trip, Mike's phone starts to ring so I picked it up as Mike had two hands on the wheel only for Simon to say Liz has not got a paddle (think it's an age thing) we all know that you need one to propel your boat along on the water, that's if you has not got one of those funny looking things with a sail or engine on it. So Mike took Pete back to the get out and picked up a paddle so Liz didn't have to use her hands!!! at this point in the day we all started to get into our boats dressed in the normal Christmas attire, Just so we did not forget what paddle it was. Adam mounted a Christmas tree on the front of his play boat, Then showed off to all by seal launching backwards so as not to get the tree wet (not sure why it had no lights maybe he will have saved up a bit more of his student grant for next year and add some). We then set off along the canal to the aqueduct where we hopped out of our boats and carried them down to the River, Where We looked for a place to get on the river, at this point we seemed to split into two groups one clambering down the bank next to the bridge the other being slightly braver (or is that more stupid?) Finding a place to seal launch, We picked our spot and me being me I knelt down and slid everyone down the bank slowly as it was quite a drop. Pete went first to show them all how easy it was and slowly the other brave members followed with no problems, That before it was Amie's turn, down she slid then dropped off the end with a splash! up she came over she lent and in she went (did you get your £10 worth Alex's?) then one or two more slid in, again with no problem and I got up turned round to realise there was no one to help me. By this time the rest of the group had caught up and I felt their eyes burning into me as they waited for me to get in. I climbed in my boat slid down the bank hit the water with the biggest splash of the day and then popped up nice warm and dry (maybe it was close). After that we paddled of along the River stopping to pose for a quick picture for one of the local Anglers. We then paddled on down past the castle bridge after going under it made our way up to the Paper Mill Weir, time for Pete to do his bit, down he went to do safety followed by Andy H in his open boat, it was at this point I saw Simon doing a runner, don't think he wanted to scratch his open boat (or was that he never wanted to risk getting wet?) guess we will never know for sure. Finally everyone else went over the weir and all stayed dry. We then loaded up the cars and headed off to the Tame Otter to meet up with the non-paddlers to join them for Dinner and a Drink before setting of home.

My thanks to Adam C, Adam G, Alice, Andy H, Andy M, Alex, Amie, Brian, Diane, Ethan, Graham, James, Liz, Lizy, Pete, Sam, Sarah, Simon and Steve (sorry if I forgot anyone) for a good day out. Tim

CHAIRMAN'S REPORT 2011

At the start of the year we were still gripped by two things, the long freeze, which curtailed operations at both sites well into February and the immense sense of loss after the sudden death of Rob. The first we could do little but wait for the thaw, just meeting at the baths on Thursdays, but the other was more far reaching. Rob did lots for the club behind the scenes and was a very efficient membership secretary and also an expert coach albeit "old School" (as am I), the coach bit was not too bad as we have built a nucleus of good coaches in the club who all rallied round and converted our coaching to the new system. But membership was far harder, basically we had to start all over again, Liz Benson gallantly took on the task and computerised the system (Rob didn't do computers) but during the summer it was realised that she needed help which was supplied by Alison who could get to club meets a lot easier, now we have got it sorted but at a cost. Another problem that existed was the school sessions Rob ran twice a week, Dave Stanton and I got together and covered them but as part of the Birmingham Council cut backs they were discontinued in July, this has also cut off a valuable source of income for the club. Saturday mornings at Blackroot Pool continue to be a great success giving our group of keen instructors lots of opportunities to coach beginners. Our open days continued to be a good membership opportunity. The instructors ran a number of One Star courses over the summer months giving over 30 people a qualification and racking up lots of valuable hours for themselves, some have gained level 1 & 2 coach status. We will be introducing regular planned coaching sessions throughout next year. We have provided a canoeing experience at some events during the summer, Pelsall Boat Rally, my 50+ sessions and notably Alrewas where we were snowed under for the whole weekend, income from birthday parties has helped we hope to see more next year. Rushall is proving very popular with canoeists locally and provides us with a valuable journeyming centre. Touring was affected by low water levels making it necessary to alter some tours but we have a growing nucleus of paddlers who are gaining river leading experience. There have been a number of white water tours led by the two Andy's. One notable white water trip was Rob's Ashes tour which took place on 31st December.

We still have a strong committee who despite setbacks has served the club well. I am most grateful for the time and effort they are putting into running the club. Sarah is stepping down as Secretary due to heavy work commitments, she has worked hard for the club and I know will still be helping in the future. We have been fortunate in gaining some funding from Finnings this year, the money has gone towards the purchase of three child size kayaks, we haven't forgotten the adults though acquiring 2 large size adult boats recently also. The club's strong emphasis on coaching and family has shown itself with a 50plus turnout at Blackrock Sands, thanks to Tim/Alison for organising it. The club Christmas Party also saw 50plus members having a great time. A well-deserved recipient of the Rob Leadley Memorial Shield for the most improved youth paddler was Liam Millross who has shown his skill in both kayak and open boat.

The club has suffered a setback but has now rallied and after a good initial review we should gain Clubmark next year along with the accreditation from Walsall we gained in the autumn. I am sure we can look forward to the Olympic year better organised and with confidence.

Mike

E MAIL NEWSLETTER

We are going to start sending the newsletter by e mail to those who would like it that way if you don't and still want a paper one don't worry we will still send you one if you request it. Please send your e mail address to Richard if you want to start receiving it electronically.

Membership @suttoncanoe.org.uk

TOURING CALENDAR

SPRING 2012

ALWAYS CONTACT THE TOUR LEADER BEFORE THE TOUR AND TAKE HIS OR HER ADVICE AS TO YOUR FITNESS FOR THE CONDITIONS PREVAILING ON THE DAY OF THE TOUR. PLEASE TRY TO BE PROMPT AT THE MEETING PLACE AS WE DO NOT ALLOW MUCH TIME FOR WAITING ABOUT. WHEN WE MEET TO SHARE CARS FOR THE JOURNEY AND TO SHARE COSTS FOR THE TOUR. PLEASE OFFER THE DRIVER FUEL MONEY AS IT IS SOMETIMES EMBARRASSING TO ASK.

ANY ENQUIRIES, ALTERATIONS TO PROGRAMME OR SUGGESTIONS FOR FUTURE TOURS PLEASE RING MIKE ON 0121 360 2136. OR SEE FACEBOOK.

YOU MUST RING THE MEET LEADER IN PLENTY OF TIME AND BOOK YOUR PLACE, THE CUT OFF TIME FOR BOOKING WILL BE FRIDAY EVENING.

SUN 19th FEBRUARY 2012 RIVER SEVERN, IRON BRIDGE TO COALPORT

This is a tour for those who are competent paddlers and want to train for white water skills we will be starting at Dale End park and spending time on Jackfield rapids grade 1+ Meet at Rushall at 8.30am. Andy Hughes is leading 0121 3550360

SUN 4th MARCH 2012 RIVER SEVERN ARELEY TO BEWDLEY

A nice 5 mile paddle incorporating Eyemore rapids at which we can stay for a while and play. Meet at Rushall at 8.15 for Areley at 10am. Sarah is leading 07919044677

SUN 18th MARCH 2011 RIVER DOVE TOUR

This tour is run by Burton Canoe Club and is the only time in the year that we are allowed to paddle this river. It an approx 11.5 mile tour from Sudbury to Newton Solney, suitable for improving paddlers as it has 3 weirs on it. There is a charge (TBA) levied by Burton CC as they provide a minibus for the ferry. Meet at 8.30am Blackroot for Aston Bridge, Sudbury at 10am. Tour leader tba

SUN 15th APRIL RIVER TEME (subject to water level) ring mike 3602136

This is a tour for those who are moving on to harder water please ask about your fitness for this tour. We will run the river Teme Ludlow to Ashford Carbannel. Meet at Rushall at 8.15am for Ludlow at 10am

SUN 13th MAY 2012 T&M CANAL/RIVER TRENT, HANDSACRE TO ALREWAS

This may be a new section to some of you but a very nice grade 0/1 with some moving water to train on. We shall be launching By Handsacre and touring down to Alrewas. Meet at Rushall at 9am. Dave Stanton is leading TEL: 07709711260

SUN 27th MAY 2012 RIVER TAME /COVENTRY CANAL. Sarah is leading 07919044677

Another local easy touring circle from the Tame Otter at Hopwas, paddling on the canal and the river Tame Grade 0/1 suitable for those wishing to gain moving water experience. Meet at Blackroot at 9am.

SUN 17th JUNE 2012 RIVER AVON "RAFT RACE" The only opportunity to paddle this section of the Avon this year. We require a number of paddlers who wish to gain rescue experience, we will be providing safety cover for the local "Lions" raft race. We will be splitting the trip into three parts, a group will sweep after the rafts from the start also we will put two teams on the two weirs to provide safety cover who will then join the sweepers as they pass. Ring Tim for details. 01543 433562

SUN 8th JULY 2012 ANNIVERSARY TOUR RIVER SEVERN, HAMPTON LOADE TO BEWDLEY

This is the tour we first ran as a club and we repeat it every year. This will be a relaxed summer paddle suitable for any skill level. A 10 mile tour down the river Severn. A lunch stop will be made at Arley and there will be time to play on Eyemore rapids in the afternoon. Meet at 8.30am at rushall for Hampton Loade at 10.00am, ring Mike for details. 360 2136

SUN 5th AUGUST 2012 RIVER SOW/STAFFS & WORCS CANAL LOOP

Nice easy paddle from Great Haywood up to St Thomas on the canal, then on the river Sow back down to Gt Haywood, grade 0 suitable for most people. Meet at Rushall at 9am. Sarah is leading 07919044677

SUN 19th AUGUST RIVER SEVERN REGIONAL TOUR same details as Anniversary Tour

Provisional dates for tours for the rest of the year are (venues TBA, Dates may have to change due to circumstances) September 9th/ 25th, October 7th/21st, November 4th/18th December 9th Xmas Paddle "Santas & Elves" will be the theme.



Royal Sutton Coldfield Canoe Club

A Canoe England Affiliated Club

suttoncanoe.org.uk

MEMBERSHIP FORM 2012

Please complete this form in CAPITALS & bring it to a club session, or post it to the Membership Secretary with full payment to the address overleaf.

Surname:

First name(s):

D. O. B:/...../..... **Age:**

Address:
.....
.....
.....

Post code:

Tel No:

In case of emergency contact No:

Email:

New sletters, renew als and club infor mation will be sent via email.

BCU No:

(Only applicable to BCU members)

R.S.C.C Membership Number:

(Only applicable to current members)

Medical

Conditions:
.....
.....

Please confirm any **medical conditions** that could be affected by **exercise** or **immersion in cold water** or **that the club should be aware of.**

If yes please give details above (Doctors consent may be required).

MEMBERSHIP CATEGORIES

	FULL ADULT	£ 30	£2.00 discount for Canoe England members
	UNDER 18	£18	£1.00 discount for Canoe England members
	FULL TIME STUDENT	£18	£1.00 discount for Canoe England members
	FAMILY PACKAGE	£ 60	2 ADULTS & 3 CHILDREN EXTRA CHILD £6.00 EACH
	AFFILIATED GROUP	£36	PLEASE ASK FOR DETAILS

1st years membership may consist of more than 12 months, thereafter prices are for 12 months membership running from 1st April to 31st March, OR 1st October to 30th September. Terms and conditions apply. Please contact Membership secretary for information.

All members or other persons who attend clubs tours or sessions do so at their own risk, & neither the club or it's officers can accept liability for loss or injury.

Parents or guardians of members under 18 years of age must accept the above limitation of liability before membership is accepted.

Please sign below to acknowledge that you have read and understand the above conditions:

Signature of member:

Date:

Signature of parent or guardian (under 18's):

Date:

All membership enquiries should be sent to the membership secretary.
Please make all cheques payable to Royal Sutton Coldfield Canoe Club.
Under 18's must have parental consent.

Membership Secretary:

Richard Francis-Rowe
9 Blackberry Lane
Sutton Coldfield
Birmingham
B74 4JE

Phone: 07963 940 566 / 07969 379 067
Email: membership@suttoncanoe.org.uk